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Videos for Wisconsin Child Care Providers to Borrow:

PARENTING

This list is divided into the following sections: general topics; choosing child care; fathers.

Go to <http://dpi.wi.gov/ccic> and click on the tab **Our Library** for borrowing procedures and a searchable online catalog of all CCIC's audiovisual resources and books.

BEST FOR MY BABY: LOW INCOME PARENTS AND THE STRUGGLE TO DO THE RIGHT THING. By Jim Greenman. Minneapolis, MN: Greater Minneapolis Day Care Assn., 1991. VHS, 30 min. + facilitator's guide.

Black, White, Hispanic and Native American parents tell of their struggles to give their children under three the best care, guidance, and learning experiences they can. Valuable resource for low-income parents, at-risk teenagers, and human service, education, and child care professionals.

BLENDED FAMILIES: YOURS, MINE, AND OURS. 2nd ed. Written by Paul Terry, hosted by Dick VanPatten, produced by Clark County School District, Las Vegas, NV. Niles, IL: United Learning, 1995. VHS, 30 min. + user's guide + blackline masters.

Addresses the special problems unique to stepfamilies, gives advice on how to avoid common pitfalls, and suggests steps to take to help the process of becoming a family.

BORN TO SUCCEED: AN EARLY LITERACY MESSAGE FROM YOUNG PARENTS. Portland, OR: Early Childhood Resources, Multnomah County Library, 1996. VHS, 12 min.

Young parents share their experiences of reading with their babies and how this has influenced their families.

THE CHILD IN THE FAMILY. (The Developing Child, Module 14.) Barrington, IL: Magna Systems, Inc., 1993. VHS, 38 min. + workbook.

Definition, structure and function of the family; cultural diversity in families; effects of stress on the family; parenting styles.

CLAP YOUR HANDS. Produced by KNB Productions. Evanston, IL: Altschul, 1995. VHS, 12 min.

Creative and recreational activities for parents to do with their children.

DISCIPLINING KIDS (WITHOUT SCREAMING AND SCOLDING). By Louise Welsh Schrank. Lake Zurich, IL: Learning Seed, 1997. VHS, 21 min. + leader's guide.

Using an imaginary Parents Anonymous group, this video dramatizes the wrong way to discipline kids and gives clear, practical ideas on a better way. Shows how to use effective encouragement of good behavior and how to reprimand positively and effectively when it becomes necessary.

EARLY CHILDHOOD STEP: SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING OF CHILDREN UNDER SIX. 1997 edition. Circle Pines, MN: American Guidance Service, 1997. 3 VHS videocassettes, 92 min. total + leader's guide + parent's handbook.

This parent education curriculum illustrates common situations, after each of which the group leader stops the tape so parents can learn positive parenting techniques by discussing the questions raised in the video and print materials. The seven sessions are: understanding young children, understanding young children's behavior, building self-esteem in the early years, communicating with young children, helping young children learn to cooperate, effective discipline, nurturing social and emotional development. Includes a 12-minute leader's training video.

EMOTION COACHING. Seattle, WA: Talaris Research Institute, 2005. VHS, 19 min. + book *What Am I Feeling* by John Gottman (48 p.)

Helps parents understand the importance of valuing emotions, both in children and in themselves. Begins by asking parents, "How do you feel about emotions?" which helps to answer the next question: "How do you parent?"

FAMILY FUNCTIONS. Lubbock, TX: Creative Educational Video, 1997. VHS, 24 min.

Describes the basic functions, structures, and problems of families. Recommends honest communication, compromise and respect. Closes with a six-minute quiz.

FAMILY RESOURCE CENTERS. Madison, WI: Children's Trust Fund, 199?. VHS, 13 min. + brochure.

This tape tells about Family Resource Centers in various Wisconsin communities and the wide variety of programs and services they offer to families.

FAMILY TRANSITIONS: YOUNG CHILDREN SPEAK THEIR MINDS ABOUT DIVORCE. Michael Trout. Champaign, IL: The Infant-Parent Institute, 1999. VHS, 16 min. + script.

This video tries to capture the feelings of young children whose parents have divorced, feelings that many times cannot be expressed by the children themselves.

THE FIRST AID KIT. By Jim Fay, Foster W. Cline, Don Shaw. Golden, CO: Cline/Fay Institute, 1984-86. 7 audiocassettes + booklet.

Kit includes seven audiocassettes that explain parenting with love and logic: four cassettes from *Discipline with Love and Logic*; the three single cassette tapes *Helicopters*, *Drill Sergeants and Consultants*; *Four Steps to Responsibility*; and *Motivating Kids for Achievement*; and the booklet *Who Says You're So Great?*

FROM NO TO YES. Produced by KNB Productions. Evanston, IL: Altschul, 1995. VHS, 13 min.

How parents can deal with their two- to six-year-old children's temper tantrums without spanking them. The developmental aspects of temper tantrums are explored, and techniques for calming children and avoiding power struggles are shown.

GENTLE TRANSITIONS: A NEWBORN BABY'S POINT OF VIEW ABOUT ADOPTION. Michael Trout. Champaign, IL: The Infant-Parent Institute, 1997. VHS, 10 min. + script.

Presents words, accompanied by music, to represent a baby speaking directly to us about his/her experience of adoption and advising us about how to do it well.

GRANDPARENTING, ENRICHING LIVES: AN ESSENTIAL GUIDE FOR TODAY'S GRANDPARENTS. With Maya Angelou. Chicago: Civitas, 2001. VHS, 30 min.

Focuses on the important grandparent, parent and child relationship. Featuring real-life grandparents, this video highlights the effects grandparents have on the lives of their grandchildren, provides ideas for staying connected even when far away, illustrates various grandparenting roles, and offers practical suggestions and inspiration that will benefit the entire family.

GROWING UP AGAIN: PARENTING OURSELVES AND OUR CHILDREN. By Jean Illsley Clarke. Minneapolis, MN: Family Information Services, 1991. Audiocassette, 67 min.

Interview in which Jean Illsley Clarke explains a program for people whose growing up years were disrupted or who had uneven parenting themselves. She expands the idea of parenting to mean how we nurture our children, ourselves, and other adults.

GROWING UP IN VIDEO WORLD: MEDIA & THE DEVELOPING CHILD. Lake Zurich, IL: Learning Seed, 2001. VHS, 24 min. + guide.

Explores the key role that electronic media play in the lives of American children.

HELPING YOUR CHILD SUCCEED IN SCHOOL. Milwaukee, WI: Excel Communications, Inc. in cooperation with Indiana University Television, 1995. CCIC has 2 tapes from this 4-tape series:

Tape 1. LAYING THE FOUNDATION (30 min.)

Teaches what to do before your child goes to school.

Tape 4. IDENTIFYING AND RESOLVING PROBLEMS (30 min.)

Solid approaches for getting your middle or high school student back on course.

THE JOY OF PARENTING. By Foster W. Cline. Evergreen, CO: Cline/Fay Institute, 1988. 2 audiocassettes, 60 min. each.

Psychiatrist Foster Cline speaks to the parents of elementary school children about parenting principles and techniques that work with most kids most of the time. He talks about the easiest way to raise kids and addresses issues of choice, failure and risks.

JOYS AND FRUSTRATIONS OF PARENTING. With John Stossel. New York: ABC News, 1997. VHS, 44 min.

For this 4/13/97 segment of the TV news program 20/20, reporter John Stossel filmed several families in action and got the opinions of parents and experts on many issues including conflict between parents, sibling fighting, and spanking. Ron Taffel, Nancy Samalin, and Murray Straus are some of the experts consulted.

JUST MINUTES OF YOUR TIME: READING ALOUD FOR A LIFETIME. By Gloria Waity and Clark Thompson. Madison, WI: South Central Library System, 1989. VHS, 10 min.

Parents from many social and economic groups are shown reading to their young children, and the lifelong benefits of being read to are stressed.

LEARNING BEFORE SCHOOL: HOW PARENTS CAN HELP. Lake Zurich, IL: Learning Seed, 2003. VHS, 19 min. + guide.

Shows how to give kids a head start in three key areas: communication, self-discipline, and curiosity. Skills in these areas are far more crucial than getting a jump start on reading or math.

THE LIFE SAVER KIT. By Jim Fay and Foster Cline. Golden, CO: Love and Logic Press, 1996. 6 compact discs, 7 hrs 15 min. total.

A complete collection of Love and Logic parenting techniques on six CDs: *Four Steps to Responsibility; Raising the Odds for Responsible Behavior; Avoiding Power Struggles with Kids; Love Me Enough to Set Some Limits; Helicopters, Drill Sergeants, and Consultants; "Didn't I Tell You to Take Out the Trash?!"*

LONG-TERM EFFECTS OF DIVORCE ON CHILDREN AND THEIR FAMILIES. By Judith S. Wallerstein. Bridgeport, IL: Custom Audio Tapes, 1990. Audiocassette, 65 min.

In this speech to the National Council on Family Relations, Judith Wallerstein reports on what children tell her they feel about their parents' divorce one, five, ten and fifteen years after the event. Wallerstein is senior director of the Children of Divorce Study, executive director of the Center for Families in Transition.

LOVE AND LOGIC SOLUTIONS. By Jim Fay. Golden, CO: Love and Logic Press, 1993. 2 VHS videocassettes, 2 hrs total.

In a workshop presentation to a live audience, Jim Fay answers parents' most-asked questions about raising children. Also includes a brief interview with Jim Fay.

MISTER ROGERS TALKS WITH PARENTS ABOUT DIVORCE. Produced by Family Communications, Inc., 1980. VHS, 58 min.

Susan Stamberg of National Public Radio, Dr. Earl Grollman, a counselor and author, and a studio audience join Fred Rogers to watch videos made earlier of Mr. Rogers interviewing children whose parents are divorced, and to talk about the strong feelings that adults and children alike have about divorce.

MULTIPLE TRANSITIONS: A YOUNG CHILD'S POINT OF VIEW ABOUT FOSTER CARE AND ADOPTION. Michael Trout. Champaign, IL: The Infant-Parent Institute, 1997. VHS, 16 min. + script.

Presents words, accompanied by music, to represent the outlook of children who are in foster care.

MY BROTHER BIT ME! : PARENTING SIBLINGS. By Louise Welsh Schrank. Lake Zurich, IL: Learning Seed, 1998. VHS, 20 min. + study guide.

This video illustrates classic sibling conflicts by showing examples from individual families. It covers the following issues: preparing a child for a new baby, regression after a sibling's birth, how and when to intervene in sibling disputes, age-appropriate behavior for sibling interactions, how to develop siblings' conflict resolution skills, how to acknowledge children's feelings to help them cope with frustration and anger, non-negotiable family policies that will help siblings maintain individual rights, how to encourage siblings to acknowledge and express their feelings, and how comparing siblings will encourage hostility and limit their development.

THE NATURE OF HUMAN ATTACHMENT IN INFANCY. Champaign, IL: The Infant-Parent Institute, 1986. VHS, 56 min.

This video serves as an introduction to the attachment process for practitioners, families, faculty and

students. It is the first in a series which explores infant well-being. The segment seeks to understand how bonds between parents and infants are formed; how and why they may fail to form; why the bonds may develop in shallow, anxious or conflicted ways; and what difference the quality of the bonds makes in the development of the child. Video clips of families are used to demonstrate how the bonding process may differ among children in the same family. One family has a set of twins, while the other family has a child who is typically developing and a child with special needs.

THE NATURE OF POSITIVE TOUCH. Van Nuys, CA: Child Development Media, 2001. VHS, 26 min. + guide.

This video presents a philosophy of relating to young children through touch and gives advice to home visitors wishing to incorporate positive touch activities into services they provide. It demonstrates four basic positive touch strokes parents can use to expand the way they interact with their children.

THE NEWBORN, THE FAMILY, AND THE DANCE. Champaign, IL: The Infant-Parent Institute, 1986. VHS, 58 min.

Caregivers' perceptions or imagined characteristics of newborns affect the way newborns are integrated into their families. This video includes taped clips of families with and without challenges as they go through this process. The video highlights the development and evolution of the two-way infant-parent interactions and addresses problems of "fit". Appropriate for parent and pre-parent groups and for training infant mental-health clinicians and other health-care professionals.

OVERINDULGED CHILDREN. With Deborah Roberts. New York, NY: ABC News, 1997. VHS, 13 min.

In this 8/8/97 segment from the TV news program 20/20, reporter Deborah Roberts introduces us to some extremely overindulged young children and gets advice from Dr. Sylvia Rimm on what parents can do to regain control.

PAINLESS PARENTING FOR THE PRESCHOOL YEARS. By Charles Fay. Golden, CO: Love and Logic Press, 2003. VHS, 2 hrs.

Easy-to-use advice for the parents of preschool children.

PARTNERS IN PARENTING EDUCATION. Perry Butterfield. Denver, CO: Read Your Baby, 1992. 3 VHS videocassettes + discussion guides + curriculum books + activity cards.

The Partners in Parenting Education (PIPE) curriculum was written specifically for adolescent parents or for parents who have had less than optimal parenting examples themselves. Each tape covers the developmental period from birth to three years. Each unit includes a manual with 8 to 10 weeks of lesson plans and activity cards that support parent-infant interaction.

LISTEN TO YOUR BABY (14 min.)

Shows how to recognize infants' states of awareness and respond appropriately to them. Explains that emotional signals are the language of infants and that we understand each individual baby by listening with our feelings.

LOVE IS IN THE PALM OF YOUR HAND (19 min.)

Focuses on relationship building. Shows examples of nurturing interactions and how to encourage and practice the layers of sharing needed for nurturance and attachment.

PLAYING IS LEARNING (16 min.)

Focuses on shared learning and mastery skills. Shows how to encourage developmental play and use play to regulate behavior and build a sense of competence, closeness and interpersonal understanding.

PREPARING FOR PARENTHOOD. With Whoopi Goldberg. Los Angeles, CA: I Am Your Child Foundation, 2002. VHS, 32 min. + booklet.

Includes information on forming healthy habits before and during pregnancy, the importance of prenatal care, how to prepare for your baby's birth, and how and where to get help with your questions.

RAISING NON-VIOLENT CHILDREN IN VIOLENT TIMES. Bloomington, IL: Meridian Education Corp., 2000. VHS, 18 min. + guide.

Explores the subject of violence among children and youth: why violence has taken hold, major risk factors, and parenting skills that can counteract risk factors and violent tendencies. Includes commentary from experts and also from teenagers who discuss the violence in their lives.

RAISING SEXUALLY HEALTHY CHILDREN: SEXUAL DEVELOPMENT, SEXUAL ABUSE PREVENTION AND SELF ESTEEM FOR CHILDREN UNDER SEVEN. By Susan Hoke. Lake Zurich, IL: Learning Seed, 1998. VHS, 28 min. + guide.

How to talk to kids about sensitive body issues in ways that communicate love and respect and build self-esteem and body acceptance instead of shame. Shows parents talking to their children about difficult issues such as where babies come from, playing doctor, "dirty" words, appropriate vs. inappropriate touch, and body safety. Features social worker Susan Hoke, author of *My Body Is Mine; My Feelings Are Mine*.

READY FOR LIFE. With Dr. Burce Perry. Dallas, TX: KERA, 2000. VHS, 55 min.

This television documentary tells the story of six children and their families--and the joys and sorrows they face as they begin to explore the world. Shows how children in varied circumstances, with love from their parents and siblings, begin to develop the strength and confidence to face life's challenges in emotionally healthy ways.

RULES, RITUALS, ROUTINES. Thomas Knestrict. Lake Zurich, IL: Learning Seed, 2007. VHS, 18 min. + guide.

Developing a set of well-thought-out rules, rituals, and routines will make parents' lives easier and their children happier and better-behaved.

SECRETS OF STEPPARENTING. By Jim Fay and Foster W. Cline. Golden, CO: Love and Logic Press, 1994. **Compact disc**, 55 min.

Do's and don'ts for natural parents and stepparents, skills to defuse problems, and tools to help children and stepparents have loving relationships.

SEEING IS BELIEVING: VIDEOTAPING FAMILIES AND USING GUIDED SELF-OBSERVATION TO BUILD ON PARENTING STRENGTHS. Minneapolis, MN: Irving B. Harris Training Center for Infant and Toddler Development, 1999. 2 VHS videocassettes, 49 min. total + guidebook (61 p.)

Shows home visitors how to use videotaping of families to enhance the parent-child relationship. The 33-minute Introduction tape describes the strategy and shows real-life examples of parents watching their babies and themselves on videotape. The 16-minute Practice tape lets viewers practice their skills by watching and analyzing the sample video clips.

SIBLINGS WITHOUT RIVALRY: GROUP WORKSHOP KIT. Adele Faber and Elaine Mazlish. New York: Faber/Mazlish Workshops, 1995, 1987. 6 audiocassettes + chairperson's guide (104 p.)

Materials for six workshop sessions in which parents can learn and practice specific skills that help them help their children to live together with less friction and more harmony.

SINGLE PARENTING: ONE-PARENT FAMILIES. 2nd ed. Niles, IL: United Learning, 1988, 1995. VHS, 27 min. + facilitator's guide.

How to cope with divorce, abandonment, or the death of a spouse. Focuses on children's typical reactions and ways to minimize the adverse effects of becoming a one-parent family.

SLEEP LIKE A BABY: WHAT EVERY PARENT NEEDS TO KNOW ABOUT BABIES AND SLEEP. Boulder, CO: InJoy Productions, 2000. VHS, 30 min.

To help parents choose a sleep method that fits their family, medical and sleep experts offer advice and parents share their experiences with the two most popular infant sleep methods: sleep training and co-sleeping. Warning: Safe sleep practices are listed and discussed, but not always practiced by the families shown.

STOP SMOKING NOW: REASONS NOT TO SMOKE WHEN YOU'RE PREGNANT. With Rob Reiner. Los Angeles, CA: I Am Your Child Foundation, 2003. VHS, 20 min.

When you're pregnant, everything you eat, drink and breathe affects your health and your baby's health. So when you smoke, your baby does too. Quitting smoking is one of the most important things you can do for yourself and your baby. When you stop smoking, you increase the amount of oxygen your baby will get; you lower the risk that your baby will be born too early; and you increase your chances of having a healthy baby. This video provides support, guidance and information about resources to help you resist the urge to smoke.

STRESS AND THE HEALTHY FAMILY. By Dolores Curran. New York: Harper & Row, 1988. VHS, 55 min.

Excellent video on family stress and how to deal with it by focusing on what's controllable, not what's uncontrollable. Examines characteristics of families that handle stress well.

STYLES OF PARENTING. By Robert Karen. Barrington, IL: Magna Systems, Inc., 1995. VHS, 24 min. + study guide.

Dr. Robert Karen discusses with a group of parents the concept of attachment and the bond between parent and child. He says that a consistently responsive parenting style produces securely attached children, while a rejecting style produces emotionally detached children, and an erratic parenting style produces fretful and clingy children.

TAKING CHARGE OF YOUR TV. With Rosie O'Donnell. Washington, DC: The Family and Community Critical Viewing Project, 1996. VHS, 5 min.

This guide to critical television viewing for parents and children offers four easy steps a family can follow to begin a dialogue that turns TV viewing into a positive and educational experience. Includes tips to becoming a smarter TV viewer.

THOSE BABY BLUES: A PARENTS' GUIDE TO HELPING YOUR CHILD ADJUST TO THE NEW BABY. Jacksonville, FL: Skydance Productions, 1994. VHS, 24 min.

Sound advice for parents of new siblings from Drs. Brenda Wade and Glen Aylward. Shows reactions of older siblings in real-life situations and offers suggestions on how to react. Complements the children's video **Oh Baby! : a Guide for Big Brothers and Big Sisters**.

TIPS FOR POSITIVE PARENTING. Madison, WI: Children's Trust Fund, 199?. VHS, 18 min.

Tips on how to be a good parent, plus lots of fast-paced footage of parents caring for and having fun with their children ages birth to three.

TODDLERS AND PRE-SCHOOLERS: LOVE AND LOGIC PARENTING FOR EARLY CHILDHOOD, 6 MONTHS TO 5 YEARS. By Jim Fay and Foster Cline. Golden, CO: Love and Logic Press, 1997. 2 **compact discs**, 114 min. total.

How to use the Love and Logic approach to take the frustration, stress, and confusion out of parenting a toddler.

TOUCHPOINTS: THE BRAZELTON STUDY. By T. Berry Brazelton. New York: Goodtimes Home Video, 1991. 3 VHS or 1 **DVD** videos.

Touchpoints are the predictable times which precede rapid outbursts of learning for both child and parent. In these videos for parents, Dr. T. Berry Brazelton talks with 12 families over a two-year period in order to help them and the parents viewing the tapes anticipate and work through crucial touchpoints in their children's early years.

Tape 1. PREGNANCY, BIRTH AND FIRST 4 WEEKS OF LIFE (47 min.)

Deals with the key issues of pregnancy, delivery and the first few weeks of life, including newborn assessment, crying and calming, attachment, and the process of becoming a family.

Tape 2. FIRST MONTH THROUGH FIRST YEAR (45 min.)

Months 1-4 cover issues concerning communication and adjusting to being a parent. Months 5-8 cover cognitive and motor development, feeding and sleep. Months 12-15 cover negativism, tantrums and teasing.

Tape 3. ONE YEAR THROUGH TODDLERHOOD (50 min.)

Covers sibling rivalry: how to prepare for rivalries before the birth of your child, dealing with the new baby, regression and how to "stay out of it". Also covers discipline: spoiling, learning from limits, teasing, and consistency. Final segment covers toilet training.

WHEN THEY NEVER EVER LISTEN. Evanston, IL: Altschul, 199?. VHS, 17 min.

In this segment from the 20/20 TV news program, Dr. Stanley Turecki, author of *The Difficult Child*, counsels a family on dealing with their temperamental child.

WHO SAYS PARENTING CAN'T BE FUN? Golden, CO: Love and Logic Press, 2003. VHS, 1 hr.

This introduction to (or refresher on) the principles of the Love and Logic method uses humor to teach parenting skills. Includes stories from the *Becoming a Love and Logic Parent* program, *Parenting Doesn't Have to Be Rocket Science*, *Helping Kids Face Today's World*, and *Practical Applications of Love and Logic for Today's Classroom*.

YELLING, THREATENING, AND PUTTING DOWN: WHAT TO DO INSTEAD. Salt Lake City, UT: Gold Bell Productions, 2000. VHS, 35 min. + discussion guide.

Commonsense techniques for dealing with four challenging parent-child interactions: when children are very active, when children get angry, when children whine, and when siblings fight.

See also the lists on Child Guidance and Discipline and Infants, Toddlers, and Two.

CHOOSING CHILD CARE

CHOOSING QUALITY CHILD CARE. Hayward, WI: Wisconsin Child Care Improvement Project, 1991. VHS, 16 min.

What to look for in choosing quality child care.

EARLY CHILD CARE AND EDUCATION. (The Developing Child, Module 13.) Barrington, IL: Magna Systems, Inc., 1992. VHS, 36 min. + workbook.

Choices in child care and education, quality in preschool education, child abuse, issues in child care.

EXPLORING QUALITY CHILD CARE CHOICES. Appleton, WI: Wisconsin Child Care Resource and Referral Network, 1998. VHS, 12 min.

To help Wisconsin parents choose child care, this tape explains three options--licensed, certified, and informal child care--and three important features parents need to consider: people, place and program.

FINDING QUALITY CHILD CARE: WHAT EVERY PARENT NEEDS TO KNOW. San Francisco, CA: Quartet Creative Services, 1995. VHS, 46 min.

Information to help parents understand different types of child care, ask key questions at an interview, look at child care environments and spot potential problems, and generally make better child care choices.

KEYS TO QUALITY INFANT AND TODDLER CARE. (Infant and Toddler Care Series.) Barrington, IL: Magna Systems, 2002. VHS, 24-min. + guide.

Relationships, responsiveness, and individualized care are keys to quality. Elements of programming and the environment, including health and safety, are also highlighted.

MY KIND OF PLACE: IDENTIFYING QUALITY CARE FOR INFANTS AND TODDLERS. By Jim Greenman. Minneapolis, MN: Greater Minneapolis Day Care Assn., 1988. VHS, 26 min. + facilitator's guide.

Gives parents an excellent overview of the issues they'll face when they begin their search for high quality infant and toddler child care. Focuses on: personal, individualized care routines; the role of teachers and providers; a good learning environment and how babies learn; what it means to have a "partnership" with parents.

THE PRE-K PROMISE. With Rob Reiner. Beverly Hills, CA: Parents Action for Children, 2006. VHS or **DVD**, 28 min.

Quality preschool programs for three- and four-year-olds are one of the surest routes to success in school and beyond, according to various studies. But finding a high-quality pre-k program at an affordable price can be challenging. This video, featuring well-know experts on early care and education, helps parents understand: how preschool programs can benefit young children; what a quality preschool program looks

like; what questions to ask when evaluating a preschool; and how to help make quality, affordable preschool programs more widely available.

QUALITY CHILD CARE: MAKING THE RIGHT CHOICE FOR YOU & YOUR CHILD. With Maria Shriver. Beverly Hills, CA: I Am Your Child Foundation, 1998. VHS, 29 min.

Tells what parents should look for and ask about when choosing child care and explains why quality child care is so important for a child's healthy development.

WHO'S WATCHING YOUR KIDS? : CHILD CARE DECISION MAKING. Bloomington, IL: Meridian Education Corporation, 1995. VHS, 20 min. + viewer's guide.

This introduction to making decisions about child day care covers the different kinds of child care, how to use resource and referral agencies, and interview questions to ask to determine if a program is a good fit for your child and yourself.

FATHERS

ACHIEVE! SUCCESS FOR YOUNG FATHERS. Circle Pines, MN: American Guidance Service, 1998. 4 VHS, approx. 15-min. videocassettes + discussion guides.

In these thought-provoking videos, men who have succeeded as young fathers serve as mentors to give young men viewing the tape the encouragement and practical skills they need to fill the essential role of father in a baby's life. The fathers on the tape acknowledge the stereotypes and pressures that can interfere with success, and tell how they overcome these difficulties in order to give their children the invaluable benefit their presence and support as a father provides.

Tape 1. DECIDING TO SUCCEED - YOUR BABY NEEDS YOU (13 min.)

Teen fathers tell how they came to a decision to respect themselves and their babies and to be the best dads they can be, and they talk about the joys of being a father. Young fathers and babies from many ethnic, racial and socioeconomic backgrounds are featured.

Tape 2. PRACTICAL SKILLS - HOW TO DO BABY CARE (14 min.)

Men who have succeeded as young fathers talk about babies' sleep and feeding schedules, appropriate play, dealing with crying, health and safety issues, and special helps for handling visitation.

Tape 3. SUCCESSFUL COMMUNICATION - HOW TO TALK AND LISTEN (16 min.)

Advice for the teen father from other teen fathers on how to talk with the baby's mother, her parents, and his own parents, and how to use communication skills to avoid potential conflicts.

Tape 4. RESPONSIBLE FATHERHOOD - TAKING CONTROL OF YOUR FUTURE (14 min.)

The importance to a teen father of finishing school, getting help with starting a career, and taking responsibility for sexual behavior in order to secure his own and his child's future.

DADS CARE. Madison, WI: University of Wisconsin--Extension, Cooperative Extension, 1997. VHS, 13 min.

Shows how fathers can be good parents by showing their children that they care and by being involved and predictable.

FATHERS' INVOLVEMENT IN CHILDREN'S LEARNING: TOOL KIT. Washington, DC: Partnership for Family Involvement in Education, 2000?. **CD-ROM.**

The U.S. Departments of Health and Human Services and Education have worked together to provide ideas, strategies, and tools for teachers, school principals, child care providers, and others to successfully involve fathers in children's learning, including readiness to learn at school, at home, and in the community. This CD-ROM contains publications, information, video clip, and tips they recommend.

THE NEW FATHER: DIALOGUES WITH NURTURING DADS. Alpharetta, GA: Better World Productions, 1994. VHS, 47 min.

Nurturing dads from around the country openly and actively express their love for their children and share their thoughts and feelings about being fathers in a time of changing roles.

POSITIVE PARENTING TIPS FOR FATHERING. Madison, WI: Children's Trust Fund, 199?. VHS, 25 min. + booklet.

Father-to-father tips on how to be a good parent, plus lots of footage of fathers caring for and having fun with their children ages birth to three. Special segment on ways to keep children safe.

TEEN DADS. Evanston, IL: Altschul, 1996. VHS, 18 min.

The stories of four teen dads who didn't run away and who are trying to be responsible despite many difficulties. Includes a segment on Baby Think It Over, a doll which gives teens a realistic parenting preview.

TO BE A FATHER. With Ray Romano. Los Angeles, CA: I Am Your Child Foundation, 2000? VHS, 29 min.

Includes information on how fathering begins even before the baby is born, how dads can connect with their children from the start, what fathers can do to foster a close relationship with their children, how fathers can overcome the challenges of parenting under special circumstances like separation and divorce.

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